

PHYSIOTHERAPY SERVICES & PRICING

CHINAR HOTEL & SPA NAFTALAN

Official Price List

SERVICE NAME	PRICE
Laser therapy	11 AZN
Magnetotherapy	12 AZN
Ultrasound therapy	15 AZN
Amplipulse therapy	10 AZN
Darsonvalization	10 AZN
Electrotherapy	11 – 15 AZN
Infrared light + resin-free Naftalan	13 AZN
High-Intensity Laser Therapy (HILT)	45 AZN
Super Inductive System (SIS) therapy	45 AZN
Hydrocolonotherapy	36 AZN
Herbal enema	14 AZN
Classic massage (15 mins)	12 AZN
Classic massage (30 mins)	20 AZN
Classic massage (60 mins)	32 AZN
Paraffin therapy (neck & upper back)	17 AZN
Paraffin therapy (lower extremities)	13 AZN
Paraffin therapy (upper extremities)	12 AZN
Traction	16 AZN
Vasotraine (Lymphostim / Lymphatic drainage)	16 AZN
Vasotraine (Lymphostim) – lower extremities	14 AZN
Vasotraine (Lymphostim) – upper extremities	14 AZN
Shockwave therapy	27 AZN
Focused shockwave therapy	50 AZN
Therapeutic physical training (Individual)	21 AZN
Vacuum therapy	10 AZN

MEDICAL PACKAGE: "STANDARD"

CHINAR HOTEL & SPA NAFTALAN

Procedure & Examination Name	Number of Procedures by Stay Duration (Days)								
	7d	8d	9d	10d	11d	12d	14d	16d	21d
DIAGNOSTIC BLOCK									
Initial physician consultation	1	1	1	1	1	1	1	1	1
Follow-up physician consultation	1	1	1	1	1	1	2	2	3
Daily physician visits	4	5	6	7	8	9	10	12	16
Final physician consultation	1	1	1	1	1	1	1	1	1
Complete Blood Count (CBC)	1	1	1	1	1	1	1	1	1
Biochemical blood test: Glucose	1	1	1	1	1	1	1	1	2
Biochemical blood test: Extended liver panel (ALT, AST)	1	1	1	1	1	1	1	1	1
Biochemical blood test: Calcium in blood	-	-	-	1	-	1	-	-	1
Biochemical blood test: Creatinine in blood	-	-	1	-	1	-	-	-	1
Biochemical blood test: Lipid profile (Total Cholesterol)	1	1	1	1	1	1	1	-	2
Clinical urinalysis	1	1	1	1	1	1	1	-	2
Resting Electrocardiography (ECG)	-	-	-	1	1	1	-	-	1
Chest fluoroscopy	As medically indicated*								
Abdominal Ultrasound	-	-	-	-	-	-	-	-	1
Specialist consultation: Nutritionist / Dentist / Urologist / Gynecologist / Physiotherapist / Neurologist	1	1	1	1	1	-	-	1	1
Specialist consultation: ENT	1	1	1	1	1	1	1	1	1
Specialist consultation: Cardiologist / Dermatovenerologist	1	1	1	1	1	1	1	1	1
WELLNESS & HEALTH BLOCK									
Dietary meal plan (Buffet) & Terrenkur (Dosage walking)	Daily								
Finnish sauna & Turkish bath (Free access upon doctor's recommendation)	6	7	8	9	1	1	1	1	1
Swimming pool with thermal therapy (1 hour)	6	7	8	9	0	1	2	4	8
Therapeutic physical exercise (Group sessions)	6	7	8	9	1	1	1	1	1
TREATMENT BLOCK					0	1	2	4	8
Baths & Water procedures: Naftalan baths OR Light bath OR Iodine-bromine baths	5 / 6	7	7	8	1 0	1 10	1 12	1 12	1 21
Hardware Physiotherapy (Infrared / UV local / Light bath / Diathermy / Magneto / Electro / Amplipulse / Laser / Darsonval / Phonophoresis / Ultrasound)	18	21	24	27	30	33	36	42	54
TOTAL MEDICAL PROCEDURES**	24	28	32	36	40	44	48	56	78

* Services are provided according to medical indications.

** The final number of medical procedures included in the health resort package is determined by the attending physician based on medical indications and contraindications.

MEDICAL PACKAGE: "MUSCULOSKELETAL SYSTEM DISORDERS"

CHINAR HOTEL & SPA NAFTALAN

Procedure & Examination Name	Number of Procedures by Stay Duration (Days)														
	7d	8d	9d	10d	11d	12d	13d	14d	15d	16d	17d	18d	19d	20d	21d
DIAGNOSTIC BLOCK															
Initial physician consultation	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Follow-up physician consultation	1	1	1	1	1	2	2	2	2	2	3	3	3	3	3
Physician daily visits	4	5	6	7	8	9	10	9	11	12	12	13	14	15	16
Final physician consultation	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Complete Blood Count (CBC)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Biochemical blood test: Glucose	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2
Biochemical blood test: Extended liver panel (ALT, AST)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Biochemical blood test: Calcium	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Biochemical blood test: Creatinine	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Biochemical blood test: Glycated Hemoglobin (HbA1c)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Antistreptolysin O (ASO)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Rheumatoid Factor (RF), C-Reactive Protein (CRP)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Clinical urinalysis & Resting ECG	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Chest fluoroscopy / Abdominal Ultrasound	As medically indicated														
Specialist consultations (Dentist / Urologist / Gynecologist / Physiotherapist / Cardiologist / Dermatologist)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
WELLNESS & HEALTH BLOCK															
Dietary meal plan (Buffet) & Terrenkur (Dosage walking)	Daily														
Finnish sauna, Turkish bath (Upon doctor's recommendation)	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18
Swimming pool with thermal therapy (1 hour)	6	7	8	9	1	1	1	1	1	1	1	1	1	1	1
Therapeutic physical exercise (Group sessions)	6	7	8	9	0	1	2	1	3	4	4	5	6	7	8
TREATMENT BLOCK					1	1	1	1	1	1	1	1	1	1	1
Baths & Hydrotherapy (Naftalan / Light / Iodine-bromine / Hydromassage for limbs)	6	7	8	9	0 10	1 11	2 11	4 12	4 13	5 14	6 14	7 15	8 16	8 17	8 18
Massages & Manipulations (Classic manual massage 1.5 units OR Spinal traction OR Hardware lymphatic drainage)	9	10	11	12	14	15	17	16	18	19	21	22	24	24	25

Procedure & Examination Name	Number of Procedures by Stay Duration (Days)														
	7d	8d	9d	10d	11d	12d	13d	14d	15d	16d	17d	18d	19d	20d	21d
Paraffin therapy (Neck-back OR Lower extremities OR Upper extremities)	6	7	8	9	10	11	12	11	13	14	14	15	16	17	18
Hardware Physiotherapy (Light bath / Shortwave/Microwave diathermy / Magneto / Electro / Amplipulse / Laser / Shockwave / Darsonval / Phonophoresis / Ultrasound)	6	7	8	9	10	11	12	11	13	14	14	15	16	17	18
Specialized Therapy (High-Intensity Laser Therapy OR Power vibrator)	5	6	7	8	9	10	11	12	13	15	14	16	17	17	18
TOTAL MEDICAL PROCEDURES**	32	37	42	47	53	58	60	65	70	75	78	83	89	92	97

* Services are provided according to medical indications.

** The final number of medical procedures included in the health resort package is determined by the attending physician based on medical indications and contraindications.



MEDICAL PACKAGE: "ALL INCLUSIVE"

CHINAR HOTEL & SPA NAFTALAN

Procedure & Examination Name	Number of Procedures by Stay Duration (Days)						
	7d	8d	9d	10d	12d	14d	21d
DIAGNOSTIC BLOCK							
Initial physician consultation	1	1	1	1	1	1	1
Follow-up physician consultation & Daily physician visits	6	7	8	9	11	13	20
Final physician consultation	1	1	1	1	1	1	1
Complete Blood Count (CBC)	1	1	1	1	1	1	1
Biochemical blood test: Glucose	1	1	1	1	1	1	1
Biochemical blood test: Extended liver panel (Total Bilirubin, ALT, AST)	1	1	1	1	1	1	1
Biochemical blood test: Calcium & Creatinine in blood	1	1	1	1	1	1	1
Biochemical blood test: Lipid profile (Total Cholesterol, LDL, HDL, Triglycerides)	1	1	1	1	1	1	1
Biochemical blood test: Vitamin D & Glycated Hemoglobin (HbA1c)	1	1	1	1	1	1	1
Clinical urinalysis & Resting ECG	1	1	1	1	1	1	1
Chest fluoroscopy	As medically indicated						
Additional X-ray studies (Cervical / Lumbar / Thoracic spine, Hands, Ankle, Knee, Shoulder, or Foot - 2 projections)	1	1	1	1	1	1	1
Abdominal Ultrasound	As medically indicated						
Additional Ultrasound studies (Pelvic ultrasound / Thyroid ultrasound / Echocardiography)	1	1	1	1	1	1	1
Specialist consultations (Nutritionist / Dentist / Urologist / Gynecologist / Physiotherapist / Neurologist / ENT / Cardiologist / Dermatovenerologist)	1	1	1	1	1	1	1
WELLNESS & HEALTH BLOCK							
Dietary meal plan (Buffet) & Terrenkur (Dosage walking)	Daily						
Finnish sauna & Turkish bath (Free access upon doctor's recommendation)	6	7	8	10	11	12	18
Swimming pool with thermal therapy (1 hour)	6	7	8	1	1	1	1
Therapeutic physical exercise (Group sessions)	6	7	8	0	1	2	8
				1	1	1	1
TREATMENT BLOCK							
Baths & Hydrotherapy (Naftalan / Iodine-bromine / Hydromassage for limbs / Pearl baths)	6	7	8	0 10	1 11	2 12	8 18
Massages & Manipulations (Classic manual massage 1.5 units OR Spinal traction OR Therapeutic physical exercise - individual OR Hardware lymphatic drainage)	6	7	8	10	11	12	18

Procedure & Examination Name	Number of Procedures by Stay Duration (Days)						
	7d	8d	9d	10d	12d	14d	21d
Paraffin therapy (Face OR Neck-back OR Lower extremities OR Upper extremities)	6	7	8	10	11	12	18
Hardware Physiotherapy (Infrared / UV local / Light bath / Diathermy / Magneto / Electro / Amplipulse / Laser / Shockwave / Darsonval / Phonophoresis / Ultrasound)	6	7	8	10	11	12	18
Specialized Therapy (Hydrocolonotherapy / Ozone therapy IV / Energy vibrator / Herbal intestinal douche / Purified Naftalan applications / Gynecological & Urological procedures / High-Intensity Laser / Inhalation / Microclysters)	10	11	12	14	15	18	27
TOTAL MEDICAL PROCEDURES**	34	39	44	54	66	77	99

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